

Treatment list

Body Wellness Arts – Experience Massages

The B(e) Discovery Massage	1hr or 1hr30
Bespoke Art to B(e) Massages	1hr or 1hr30

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| <ul style="list-style-type: none"> • Shiatsu Well-Being • Thai Yoga massage on futon • Abhyanga • Shirotchampi • Reflexology • Kobido • Harmony Star • Hawaiian Lomi Lomi • Thai Massage With Oils | <ul style="list-style-type: none"> • Balinese • Prenatal • Swedish • Lymphatic Drainage • Tui na Slimming Detox |
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Plenitude

5-hour, 10-hour and 20-hour programme of bespoke massages

The Art of Global Beauty

B(e) Beautiful Body & Mind

The Original Natural Sugar	45min
Mother-of-Pearl	1hr30

B(e) Beautiful Face & Mind

The Milky Way	1hr
Sublime Wonder	1hr30
Eternal Alchemy	2hr

AAA Colour of Time Infusion

As part of a facial treatment or massage of at least 1hr30

In addition to a treatment or massage of less than 1hr30	plus 20min
Express AAA Colour of Time Infusion	30min
AAA Colour of Time Programme	3hr30

My Sunshine Dream

Sunshine Beach Ritual	1hr15
Sunshine After Sun	1hr15
Sunshine Serenity	30min
Sunshine Beach B(e)fore + After Package	2hr30
Sunshine Dream Package	7 days - 5hr

The Children's Island

B(e) Tender Kiddy Scrub	30min
B(e) Gentle Massage	30min
B(e) Duo Experience with Mum or Dad	1hr
B(e) Little Princess & Little Prince	30min
B(e) Mermaid & Pirate	30min
B(e) Tinkerbelle & Peter Pan	30min

Some Extra Pampering

Hand ritual	1hr
Foot ritual	1hr
Semi-permanent nail polish removal	45min
Semi-permanent nail polish application	30min
Nail polish application	15min